





# CONTENTS LIST

1. We want everyone to receive a fun and useful box of **new and unused** gifts so **every shoebox should contain all items in this blue box.**

- |  |  |
|--|--|
| <input type="checkbox"/> Gloves or Scarf or Hat (new or knitted)       | <input type="checkbox"/> Toothbrushes & Toothpaste                                 |
| <input type="checkbox"/> Sweets or Chocolates (BB June 2024 EU Origin) | <input type="checkbox"/> Candles or Tealights & Holders*                           |
| <input type="checkbox"/> Soap & Flannel                                | <input type="checkbox"/> Small Games (Travel Size Draughts/Dominoes/Playing Cards) |

\*Holder is for safety and stability

2. Then please **ADD 5 or more items** (at least one of each item) from the **Red Box** for a **Family Shoebox** **OR** from the **Purple Box** to make a **Unisex Elderly Shoebox.**

## FAMILY

- Colouring Pads (A5)
- Crayons/Pencils (with rubber and sharpener)
- Small Toys (yo-yo, skipping rope, toy cars)
- Soft toy/teddy (with CE label)
- Tape Measure/DIY Tool
- Sewing Kit
- Shampoo (max 300ml)
- Solar-Powered Calculator
- Safety Razors
- Hairbrush/Comb
- Other Gifts .....
- .....
- .....

OR

## ELDERLY (UNISEX)

- Reading Glasses/Magnifier (max +2 strength)
- Mug/Wooden Spoon/Cutlery
- Sensory Item (eg Bean Bag, Lavender Bag, Stress Ball etc)
- Hot Water Bottle
- Work Gloves
- Pen and Paper
- Socks/Tights (NEW)
- Wind-Up Radio/Torch
- Shampoo (max 300ml)
- Scissors/Nail Clippers
- Safety Razors
- Other Gifts .....
- .....

For other gift ideas go to [www.linktohope.co.uk](http://www.linktohope.co.uk)

PLEASE TRY TO REDUCE THE PACKAGING YOU PUT IN YOUR SHOEBOX



# INSTRUCTIONS

1. Get an average-sized, strong, adult shoebox (around 18 x 10 x 30cm - **NOT BOOT BOXES OR OVERSIZED SHOEBOXES**).

2. Gather the items listed in the **Blue Box** plus **5 or more** items from the **Red Box** for a Family Shoebox or **5 or more** of the items from the **Purple Box** for a Unisex Elderly Shoebox. This means that there should be **lots of different items** in every shoebox.

3. Make sure you **tick the items on the Contents List opposite**, as well as whether it is a Family or Unisex Elderly Shoebox.

**PLEASE REMEMBER NOT TO PUT IN ANY FOOD (INC. BISCUITS), MEDICINES, BOOKS, TEA/COFFEE OR OUT OF DATE ITEMS, NO SANITARY ITEMS OR UNDERWEAR AS WE HAVE TO FOLLOW STRICT CUSTOMS REGULATIONS.**

4. **Tape the lid** to the box to keep it secure and then **wrap the box** in colourful paper (not glittery paper as it is not easily recycled).

5. **Tape your completed Contents List** to the shoebox along the 3 sides marked in yellow.

6. Fold over the leaflet, and **if you pay tax** please complete and sign the Gift Aid Form overleaf.

7. **Finally pay online** at [www.linktohope.co.uk/shoebox-donation/](http://www.linktohope.co.uk/shoebox-donation/). Alternatively turn over this leaflet and attach £3 (either 3 x £1 coins or a £2 and a £1 coin). **ATTACH MONEY TO OUTSIDE OF BOX – NOT INSIDE.** Then tape along the 2 marked yellow top and bottom strips to secure it to the box.

8. See [www.linktohope.co.uk/shoebox-appeal-2023/#gettingboxestous](http://www.linktohope.co.uk/shoebox-appeal-2023/#gettingboxestous) for the ways to get your box(es) to us.

**OR** If you prefer to donate any amount towards the Shoebox Appeal so we can buy items in bulk on your behalf, then please see [www.linktohope.co.uk/shoebox-donation/](http://www.linktohope.co.uk/shoebox-donation/) - **Don't forget the Gift Aid!**