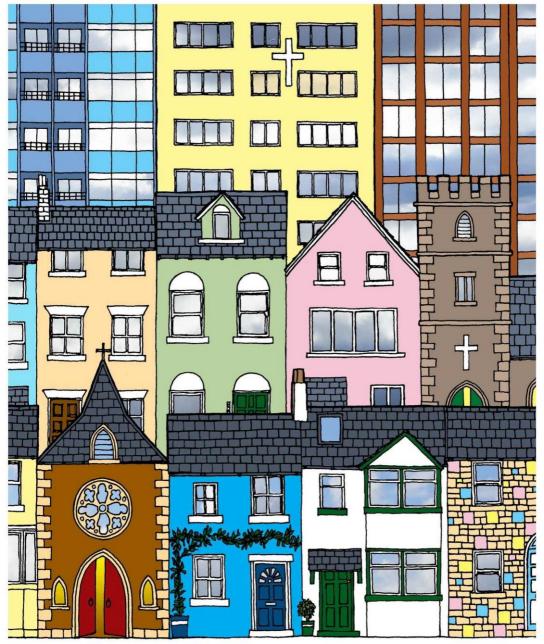
CHORLEYNEWS Celebrating 158 years of service to our community

Celebrating 158 years May 2025



Church in the community Matt 5:14-16, Acts 2:44-47, Phil 2:3-5

Happy 1700th Birthday, Nicene Creed!

This month, 1700 years ago, one of the most important meetings in the history of the Christian Church began in the Bithynian city of Nicaea. It began in May 325 and went on until the end of July 325. that Jesus Christ was not divine, but instead was a created being. Such a belief, if accepted, would have changed the very heart of Christianity.

After three months of hard work, the bishops at Nicaea had prayerfully and carefully written down as exactly as they could the core beliefs of Christianity. It became known as the Nicene

Creed, and it has been the bedrock of orthodox Christianity ever since.

> The Nicene Creed is unique in that is the only Christian statement of faith that is accepted as authoritative by the Anglican, Roman Catholic, Eastern Orthodox, and all major

The Council of Nicaea was convened by the Roman Emperor Constantine, and he had an urgent job for the Christian bishops to do. He wanted them to spell out as exactly as they could the core beliefs of the Christian Church, especially with regard to the person of Christ.

Constantine had good reason to do this: a man called Arius of Alexandria was spreading the idea **Protestant Churches.**

It runs:

The Nicene Creed

We believe in one God, the Father, the almighty, maker of heaven and earth, of all

that is, seen and unseen. We believe in one Lord, Jesus

Christ,

the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through Him all things were made.

For us men and for our salvation He came down from heaven; by the power of the Holy Spirit He became incarnate of the Virgin Mary, and was made man. For our sake He was crucified under Pontius Pilate; He suffered death and was buried.

On the third day He rose again in accordance with the scriptures; He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and His kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son He is worshipped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.



Foodbank

As the spring months open up, we would like to thank everyone who helps with the foodbank and also helping to put together the bags to give out to the homeless in our city.

As you may know we have this small foodbank, so as to have nonperishable groceries permanently available for people in our community.

We would like to thank everyone who have so kindly contributed to the community foodbank. If you would like to continue helping this spring, and of course during the rest of the year by contributing, please bring nonperishable groceries such as tins and long life cartons etc. and hand them to Roger.

> Thank You For Your Support

Thy Kingdom Come Paul Hardingham commends the on-going international initiative for prayer ...

This month millions of Christians worldwide, of every denomination,

will once again join in with Thy Kingdom Come, a prayer initiative between Ascension and Pentecost (29th May to 8th June), to pray for the nation to know Jesus Christ. It is a time to seek the empowering of the Holy Spirit, that we may be effective witnesses to Jesus Christ.



Praying for others to know Jesus is one of the most powerful things we can do. Persistent prayer for others brings transformation to their lives. As Paul writes: *'Devote* yourselves to prayer, being watchful and thankful. And pray for us, too, that God may open a door for our message, so that we may proclaim the mystery of Christ, for which I am in chains. Pray that I may proclaim it clearly, as I *should*.' **(Colossians 4: 2-4)** As Paul says, consistent praying for others involves discipline (*'be devoted'*) and responding to what God is already doing in people's lives (*'being* watchful and *thankful'*).

> We can pray for 'open doors' to point people to Jesus and what He can mean in their lives. We all have opportunities to do this, as even Paul prayed as a prisoner in chains!!

> Thy Kingdom Come encourages us to choose five people who we can pray for regularly. Why not ask God to guide you, as you settle on five

names and commit to praying for them daily, perhaps by using the following prayer:

Loving Father, in the face of Jesus Christ your light and glory have blazed forth.

Send your Holy Spirit that I may share with my friends the life of your Son and your love for all. Strengthen me as a witness to that love as I pledge to pray for them, for your *name's* sake. *Amen.*'

The Things we try to get away with By Alan Smith

'Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward.' Colossians 3:23-24 (NIV)

A 10-year-old boy was asked by his mother to do the dishes for the first time. After a lot of grumbling and complaining, he did them. He rushed through the task and darted back to the TV. Five minutes later, his mother stormed into the living room with a plate in her hand that had a big alob of food on it. "Look at this dish!" she said. "Would you want to eat off this?!" With a sheepish grin, he shrugged and said, "No, but I figure there's only a 1-in-5 chance I'll get that plate...I'll take my chances."

That's a pretty accurate picture of human nature, isn't it? We've all been there. We try to get away with the bare minimum. We skip steps, cut corners, and convince ourselves that a little compromise isn't a big deal.

Deep down we think, "The odds of this catching up with me are pretty low... I'll risk it." We think no one will notice. And maybe people won't. But God always does.

The Bible reminds us that nothing escapes God's attention — but that's not something to fear. God isn't watching from a distance, ready to scold us for every mistake. He's watching like a loving Father, longing for us to grow into who he created us to be. He cares when we cut corners because he wants to call us into something better.

God isn't fooled by a quick rinse or a surface-level clean-up, and he's

not satisfied with halfhearted efforts. What he desires is a deeper cleaning, the kind that reaches the hidden parts of our lives that we've labelled as "good enough."

So instead of playing the odds, let's give God our faithful obedience. Not because we're afraid of getting caught, but because



we're loved too much to stay where we are.

God doesn't demand perfection he simply asks for a heart that's willing, honest, and ready to grow. Let's stop settling for "good enough" and give God our very best.

Prayer: Father, thank you for seeing every part of me and loving me anyway. Help me to stop making excuses and taking shortcuts. Give me the strength to be honest and the willingness to give you my very best. In Jesus' name, amen.





On Monday mornings we go and visit people who are unable to come on Sundays and also go and visit people who may not have heard the Good News about Jesus.

We also go to Ridley market and local places like Newington Green and local public spaces like Gillett Square and of course we have a table of free books and Bibles, New Testaments and other portions of scripture in many different languages. We put this table out on the junction of Balls Pond Road and King Henry's Walk.

If you would like any of this literature for yourself or to give to a friend in all different languages, come along and help yourself. But of course we would also love if you could come and help to look after the table, even if only for half an hour.



In memory of Jason Zarzosa (21.12.1972 – 24.02.2025)

We have known our dear friend Jason for many years, since he came to live in King Henry's walk. He was always a very jovial character, even though he had many challenges. Born in Mexico, he did love his Mexican food, he also loved painting, music and racing his 'racing wheel chair'. It was a shock to hear of his death in Mexico.

His faith was firm despite the many challenges he had and will be sorely missed by his mother and sisters to whom our special prayers are directed. May he rest in peace and safe in the arms of Jesus. A Memorial Service will be held in Chorley Church on the 17th of May at 2.30 pm to whom all are invited.

Roger

Lovely Jubbly Dedication of Thanks to Jason Zarzosa

> There was sadness Yet it was Your time to go.

Yet within you You held an Inner glow.

For your love For Jesus was clear.

Day after day, Year after year, You took on the burden Of that chair.

Still shining you light Everywhere

They tell me That Lovely Jubbly Was your call, As your joyfulness Touched us all.

> © Kenneth Lee (AKA Ken)



Bible Study Wednesdays 7.00 - 8.30pm

We come together at 7.00pm every Wednesday to study the Bible and have fellowship over a cupper. Come and join us this Wednesday you will be made very welcome.

We will be continuing our study of the Bible, based on the message from the Sunday service, we can ask questions regarding the message or give our views or opinions so that we can unlock the message of the Bible for our lives.

If you would like to receive a printed copy of the Bible Study, please ask Roger or Joe, or if you would prefer to do a totally free Bible correspondence course, please do not hesitate to contact us.



Hi, it's time to speak Of the season's call, Time to have some fun And play the fool

> Get my sun hat Out once more Then open wide Summers door

Dip my toes In the sea Spend the days Running free

Watch the tide It's gentle flow Give the pebbles A right old throw

Oh yes, it's time for fun But please don't catch Too much sun.

© Kenneth Lee (AKA Ken)



Sunday	Sunday Service	12.00 - 1.30 pm
Monday	Outreach	10.30 – 12.30 pm
Tuesday	Wise-Owls For the over 50	11.00 – 2.00 pm ′s
	Youth	6.30 – 8.00 pm
Wednesday	Chorley Cafe ECC	3.30Opens5.00 -6.00 pm
Bible Study7.00 -8.30 pmBible Study (Basics Of The Bible)7.00 -8.30 pm		
Friday	Outreach Time of Prayer	

Sat. 31.05.25 (12.00pm) (1.00pm)	Fellowship Day Light Lunch Women & M (meeting sep	en's Fellowship
(3.00pm) (5.30pm)	How <mark>to</mark> write poetry Workshop (by Ken Lee) Food and Fellowship	
(7.00pm)		E. Contraction of the second s



Mental Health Awareness Week 12th – 18th May

In May we observe Mental Health Week, at a time when sadly many of us, as a nation, are struggling. Roughly one in four of us now experience a mental health problem every year.

According to the Health Foundation, for young people aged 10–24 a staggering 45% are experiencing mental health disorders.

While the medical profession is helping with medication and medical care, many Christians are also deeply concerned.

As one theologian, Professor John Swinton, has said: "Mental-health professions play a significant part in the healing process for people. Most people, however, are not acutely unwell... they live in ordinary communities, and work out their lives amid family, friends, society and church. It is there that the Church can offer important gifts and insights.

"The central intention of the Gospels is to enable people to come to know God, and to live with God for ever. Within this perspective, mental health is not the absence of symptoms or distress, it is assurance of the presence of a loving God who cares."



There is plenty of emotional and mental pain in the Bible: just read the Psalms of lament, which express sorrow and desolation. (They include Psalms 3, 6, 13, 22, 28, 42, 44, 56, 57, 71, 77, 86, 88, 102, 120, 130, 137, 142.) Here you will find desolation and sorrow – but also hope and assurance that at the end of all things, God is still there for those who turn to Him.

The Bible assures us that God will "never leave you or forsake you" (Hebrews 13:5). As Jesus told His followers: "I will not leave you as orphans, I will come to you" (John 14:18)

The Bible reminds us that we should not be surprised by deeply painful times in our lives, as these are not outside the experiences of people who know God. However, it assures us that He will draw close to us (James 4:8) and that "in all things God works for the good of those who love him" (Romans 8:28).

Why you need a holiday

They are more than an indulgence, a holiday can be vital for your health and mental well-being. Here are five reasons why:

Better sleep: after two or three days on holiday, most people average an hour more of good quality sleep. And deep sleep improves problem solving and cell repair.

More vitamin D: Our bodies make this in response to sunlight. It is important for bones and immunity, but one in five of us are thought to be deficient. Help your heart: Researchers at Syracuse University in New York found that those people with the lowest risk of heart disease had taken their full annual leave in the past year. Conversely, infrequent holidays led to a greater risk of coronary heart disease.

Reduce stress and get your energy back: As one doctor explains, living under stress "is like squirting steroids into your body every day". Stress triggers the production of cortisol, which lowers your sex hormones and affects your thyroid. Your hair will thin and your energy decrease. For the best rest, take an occasional complete break from your work mobile and emails.

Time together, spend quality time with your nearest and dearest. Build some more happy memories. At the end of our lives, few of us look back and wish we had spent more time in the office.

One tip about holidays: several short trips rather than one big one may be even better for your health.



Chorley Youth

Every Tuesday from 6.30pm to 8.00pm

All children from 5 - 12 years of age are very welcome. We meet every Tuesday from 6.30pm to 8.00pm including school holidays but not bank holidays.

Come and enjoy a place to have fun and relax with others. A place to participate in activities that you enjoy

 Table Tennis - Arts and crafts - Pottery -Badminton

 Pool - Foosball - Board Games - And Free Refreshments

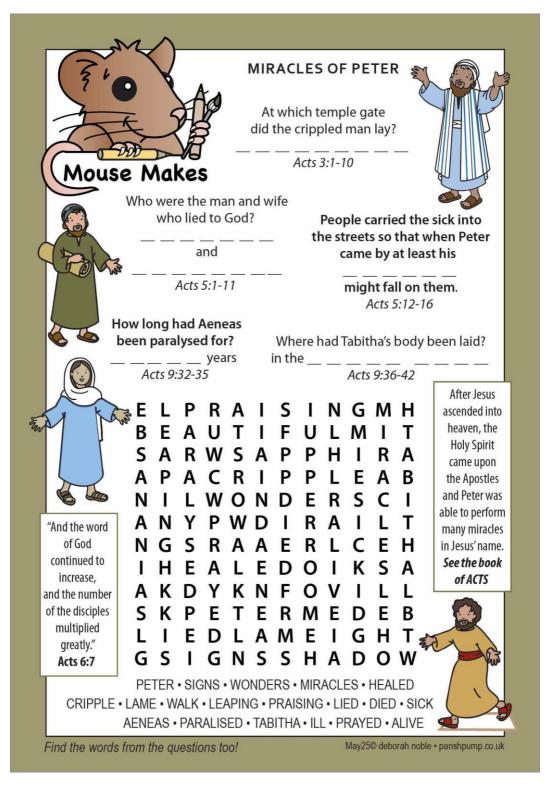
The Youth Club is completely free. If you would like further information just come along or contact us on:

Tel. 020 7254 6835 info@chorleyyouth.org www.chorleyyouth.org



Chorley Community Church, 9, King Henry's walk, N1 4NX





Now Here's a Thought:

Failure doesn't mean - "You are a failure," It means - You have not succeeded.

Failure doesn't mean - "You accomplished nothing," It means - You have learned something.

Failure doesn't mean - "You have been a fool," It means - You had a lot of faith.

Failure doesn't mean - "You don't have it," It means - You were willing to try.

Failure doesn't mean - "You are inferior," It means - You are not perfect.

Failure doesn't mean - "You've wasted your life," It means - You have a reason to start afresh.

Failure doesn't mean - "You should give up," It means - "You must try harder.

Failure doesn't mean - "You'll never make it," It means - It will take a little longer.

Failure doesn't mean - "God has abandoned you," It means - God has a better way for you.

The Sunday school lesson for the day was about Noah's Ark, so the preschool teacher in church decided to get her small pupils involved by playing a game in which they identified animals.

"I'm going to describe something to you. Let's see if you can guess what it is. First: I'm furry with a bushy tail and I like to climb trees."

The children looked at her blankly.

"I also like to eat nuts, especially acorns."

No response. This wasn't going well at all!

"I'm usually brown or grey, but sometimes I can be black or red."

Desperate, the teacher turned to a perky four-year-old who was usually good about coming up with the answers.

"Michelle, what do you think?"

Michelle looked hesitantly at her classmates and replied, "Well, I know the answer has to be Jesus -- but it sure sounds like a squirrel to me!"





Every Tuesday From 11 am to 2 pm

The Wise Owls is for the over 50'ishh...we normally meet on Tuesdays from 11 am to 2 pm.



In May The Wise Owls will be going to Broadstairs Ask Desi for details At the Wise Owls we also have a light meal at lunch time, around 1.00pm.

Come and meet with other people for coffee, light lunch, games, knitting, gardening, internet access (with a little help), and of course fellowship, or just a friendly chat.

Come and join us, it's free and everyone is very welcome.



Chorley Community Church 9 King Henry's Walk, London N1 4NX (020) 7254 6835

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Charity Registration No. 264570